



## COURSE OUTLINE

Faculty of Nursing. UNKLAB Jl. Arnold Mononutu,  
Airmadidi, Minahasa Utara. Sulawesi Utara

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<b>Course Title</b>	:	<b>KPRN 403 – Geriatric Nursing</b>
<b>Instructor</b>	:	<b>Ns. Abigail A. Tandilangi, MAN</b>
<b>Credit/ Parallel</b>	:	<b>2 Units</b>
<b>Schedule</b>	:	<b>Tuesday &amp; Thursday, 07.10- 09.00</b>
<b>Place/Room</b>	:	<b>UNKLAB, Airmadidi Manado, Room: GK1- 102</b>

### Course Description

Mata ajar ini berfokus pada pemahaman tentang konsep baru keberhasilan penuaan melalui adaptasi terhadap proses penuaan; isu- isu dan masalah yang dikeluhkan lansia; penggunaan klasifikasi pencegahan primer, sekunder dan tersier; dan konsep promosi kesehatan untuk memberikan asuhan keperawatan dan pendidikan kesehatan.

### Course Objectives

Setelah menyelesaikan mata kuliah ini, mahasiswa diharapkan mampu untuk:

1. Menggambarkan konsep baru dalam keberhasilan penuaan melalui adaptasi terhadap proses penuaan
2. Mendiskusikan beberapa isu yang mendesak dalam kebijakan perawatan kesehatan
3. Memahami peran perawat dalam meningkatkan dan melindungi kesehatan orang lanjut usia (lansia)
4. Menggambarkan perilaku promosi kesehatan yang mendukung penuaan yang sukses untuk orang lanjut usia dalam memberikan asuhan keperawatan

### Course Methodology

This course will utilize dynamic class activities through the utilization of lectures and reading materials; students' participation such as reading reports, and group sharing. Students must demonstrate satisfactory achievement of course objectives through fulfillment of course assignments and quizzes, as well as by contributing to class discussions and critiques.

### Course Requirement

- Students are required to sit according to the arrangement and must be prepared for the class when the bell rings according to UNKLAB rules
- Wear the uniform allowed by faculty of nursing and dressed neatly

- Use SILENT mode or SWITCH OFF all your electronic devices at all times during the class
- Punctuality is our value. 3x late = 1 absent
- Submit the assignments according to the agreement. Point-cutting for delayed submission

### **Grading System**

Fairness	5%
Attendance	10%
Assignment	15%
Mid exam	20%
Quiz	20%
<u>Final</u>	<u>30%</u>
Total	100%

### Percentage

91 – 100 = A	70 – 74 = C +
85 – 90 = A -	67 – 69 = C
82 – 84 = B +	60 – 66 = C -
78 – 81 = B	40 – 59 = D
75 – 77 = B -	0 – 39 = F

### **Textbooks**

Kristen L. Mauk. (2006). Gerontological Nursing: Competencies for care. Jones and Bartlet Publishers

Christine K. Cassal, Rosanne M. Leipzig, Havey Jay Cohen., & Eric B. Larson, Diane E. Meier. (2003). 4<sup>th</sup> Edition. Geriatric Medicine: an Evidence- Based Approach. S pringer-Verlag New York, Inc

Jeffrey B. Halter, Joseph G. Cuslander, Mary E. Tinetti, Stephanie Studenski., & Sanjay Asthana. (2009). Hazzard’s Geriatric Medicine and Gerontology. 6<sup>th</sup> Edition. Mc Graw-Hill Companies, Inc

## **Pokok Bahasan**

### Unit One Core Knowledge

#### Section 1: Critical Thinking

- Theories of Aging

#### Section 2: Communication

- Therapeutic Communication with Older Adults

#### Section 3: Assessment and Technical Skills

- Review of the Aging of Physiological Systems (mid test)
- Assessment of the Older Adult (final test)

#### Section 4: Health Promotion, Risk Reduction, and Disease Prevention

- Identifying and Preventing Common Risk Factors in the Elderly

#### Section 5: Illness and Disease Management

- The Reproductive system
- Genitourinary system
- Gastrointestinal system
- Respiratory system
- Cardiovascular system
- Immun system
- Integument system
- Nervous system
- Sensory system
- Skeletal system

#### Section 6: Ethics

- Ethical/Legal Principles and Issues

### Unit two, Role Development

#### Section 7: Provider of Care

- Alternative Health Modalities

#### Section 8: Designer/Manager/Coordinator of Care

- Teaching Older Adults and Their Families

#### Section 9: Member of a Profession

- The Gerontological Nurse as Manager and Leader